



Kelly Edwards, European Bronze Medalist in Judo, and currently on track for the London 2012 Olympics joined Telford College's Judo team for a training exercise at the Skills Festival's Telford College Demonstration Zone.

The team of four Telford College students were given the unique opportunity to train alongside the European Bronze Medalist at the Skills Festival to show prospective students an idea of the enrichment activities that are on offer for students at the College.



The demonstration began with warm up activities, led by Jenni Hood, one of the Sports Studies tutors at Telford College, who has herself represented Great Britain in Judo.

Following the warm-up, Jenni and Kelly demonstrated exercises for the students to participate in, and were on hand to give a helping hand to the students and advise them on different skills and strengths.



The unique opportunity to train alongside a member of the Great Britain team, and a hopeful for the London 2012 Olympics gave the students the chance to improve their technique, whilst still being able to demonstrate the skills that they are learning as part of the initiative to increase student participation in sports across the College.

Whilst the Skills Festival was primarily aimed at showing school children who are currently thinking about what they would like to do when they leave school the different courses and training opportunities within the county, Telford College were also keen to show prospective students all of the aspects of College life, including the sporting opportunities open to students of all fitness levels and abilities.

